

Biography



Arwen Podesta, MD, ABPN, FASAM, ABIHM

Dr. Podesta graduated from University of Southern California, Keck School of Medicine, and then moved to New Orleans for a psychiatry residency at Louisiana State University. She then pursued a fellowship in Forensic Psychiatry at Tulane University.

Dr. Podesta is board certified in psychiatry, addiction medicine, holistic & integrative medicine, and also forensic psychiatry. She applies all of her training and knowledge to create a multi-disciplinary, evidence based practice. In addition, her boutique private practice also provides: nutritional counseling, massage therapy, psychotherapy and acupuncture. Dr. Podesta is the medical director of several integrative addiction centers in Louisiana - ACER, Odyssey House, and Longbranch. She is also consulting addictionologist at Orleans Criminal Court and works closely with judges and specialty courts throughout Louisiana. Dr. Podesta became the President of the Louisiana Chapter of the American Society of Addiction Medicine in 2017.